

Ladies 10K - sponsored by Sibelco

Ipplepen Cricket Club: 10 Km
 Sunday 22-Sep-2024 at 10:00
 Organised by: Teignbridge Trotters

Race Results

Pos	Bib	Name	Cat	Club	Race Time	Gender Pos	Cat Pos
1	70	Atsede GIDEY	F Senior	Exmouth Harriers Aac	00:38:24	1	1
2	124	Lauren KNOX	F Senior	Storm Plymouth	00:40:43	2	2
3	32	Olivia CARTHEW	F Senior	Newquay & Par Ac	00:41:28	3	3
4	196	Kate SADDLER-IRVINE	F Senior	Dawlish Coasters	00:41:57	4	4
5	26	Melanie BROOKS	F V45	Teignbridge Trotters	00:42:14	5	1
6	253	Chloe WEEKS	F Senior	Teignbridge Trotters	00:42:18	6	5
7	156	Catherine NEWMAN	F V60	Exmouth Harriers Aac	00:42:44	7	1
8	160	Elizabeth NUTTALL	F V45	Teignbridge Trotters	00:43:16	8	2
9	233	Phoebe TIMSON	F Junior	City Of Plymouth Ac	00:43:42	9	1
10	182	Jenny REAY	F V65	Exmouth Harriers Aac	00:44:03	10	1
11	151	Freya MORRISSEY	F V35	Teignbridge Trotters	00:44:20	11	1
12	20	Anthea BOARD	F V60	Haldon Trail Runners	00:47:13	12	2
13	40	Suzanne CONLON	F Senior	Yeovil Town Rrc	00:47:27	13	6
14	218	Lydia STIMSON	F Senior	Exmouth Harriers Aac	00:47:34	14	7
15	193	Nikki ROWBOTTOM	F V55	Yeovil Town Rrc	00:48:17	15	1
16	189	Lucy ROBBIE	F V40	Unattached	00:48:46	16	1
17	177	Sophia QUINLAN	F Senior	Unattached	00:49:16	17	8
18	228	Kelly THOMAS	F V45	Exmouth Harriers Aac	00:49:21	18	3
19	210	Pippa SLADE	F V40	Unattached	00:49:55	19	2
20	227	Alice THOMAS	F Senior	Exmouth Harriers Aac	00:50:16	20	9
21	201	Vicky SCROWSTON	F V45	Yeovil Town Rrc	00:50:35	21	4
22	141	Sarah Jayne MATTHEWS	F V55	Unattached	00:50:40	22	2
23	68	Rachel GARLAND-IRVINE	F Senior	Dawlish Coasters	00:50:58	23	10
24	39	Deanna COLES	F Senior	Yeovil Town Rrc	00:51:13	24	11
25	77	Ann GRACE	F V45	Yeovil Town Rrc	00:51:41	25	5
26	91	Helen HART	F V50	Hart Road Runners	00:51:57	26	1
27	92	Katie HARVIE	F Senior	Torbay Aac	00:52:06	27	12
28	216	Emma START	F V50	Bovey Valley Runners	00:52:15	28	2
29	250	Nutarisa WARREN	F V35	Haldon Trail Runners	00:52:51	29	2
30	170	Helen PERRY-SMITH	F Senior	Plymouth Coasters	00:53:09	30	13
31	214	Claire SORENSEN	F V40	Exmouth Harriers Aac	00:53:11	31	3
32	29	Sarah BURTON	F V55	Unattached	00:53:28	32	3
33	4	Eyvoll ASTON	F V50	Teignbridge Trotters	00:53:44	33	3
34	191	Sarah ROBINSON	F V45	Plymouth Musketeers Running Club	00:53:58	34	6
35	65	Ella GALE	F Senior	Unattached	00:54:28	35	14
36	10	Hannah BARLEY	F Senior	Unattached	00:54:34	36	15
37	200	Tasmin SCHOFIELD	F Senior	Unattached	00:54:37	37	16

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Pos	Bib	Name	Cat	Club	Race Time	Gender Pos	Cat Pos
38	263	Kate WILLIAMSON	F V40	Teignbridge Trotters	00:54:47	38	4
39	260	Sarah WIDNELL	F V50	Unattached	00:55:05	39	4
40	22	Becca BRACHER	F Senior	Unattached	00:55:10	40	17
41	98	Laura HOARE	F V35	Unattached	00:55:16	41	3
42	270	Clare YOUNGMAN	F V55	Teignbridge Trotters	00:55:18	42	4
43	257	Alison WHITE	F V65	Exmouth Harriers Aac	00:55:22	43	2
44	165	Olivia PALMER	F V45	Unattached	00:55:27	44	7
45	240	Julia TYSOE	F V55	Unattached	00:55:41	45	5
46	52	Kay DOUGLAS	F V65	Exmouth Harriers Aac	00:55:52	46	3
47	53	Pamela DUNCAN	F V60	Unattached	00:56:00	47	3
48	126	Laura LAW	F Senior	Teignbridge Trotters	00:56:09	48	18
49	172	Alex PICKSTONE	F V40	Unattached	00:56:28	49	5
50	258	Trudi WHITE	F V40	Unattached	00:56:30	50	6
51	197	Joanna SAMUEL	F V50	Yeovil Town Rrc	00:56:33	51	5
52	154	Helen NESBITT	F V40	Yeovil Town Rrc	00:56:44	52	7
53	75	Sally GODBER	F V40	Unattached	00:56:54	53	8
54	37	Caroline CLARK	F V50	Teignbridge Trotters	00:56:55	54	6
55	25	Corinne BRIGHT	F V45	Teignbridge Trotters	00:56:55	55	8
56	194	Priya ROWJEE	F V40	Unattached	00:56:59	56	9
57	272	Molly PIMM	F Senior	Torbay Tri Club	00:57:17	57	19
58	118	Laura KILDUFF	F V40	Bovey Valley Runners	00:57:31	58	10
59	217	Jessica STEVENS	F V35	Unattached	00:57:31	59	4
60	142	Jessica McDOWELL	F Junior	Unattached	00:57:34	60	2
61	150	Claire MORRISSEY	F Senior	Plymouth Musketeers Running Club	00:57:41	61	20
62	180	Shelley RATTLEDGE	F V45	Teignbridge Trotters	00:57:41	62	9
63	62	Jodie FOSTER	F V45	Unattached	00:57:42	63	10
64	183	Jade REID	F Senior	Teignbridge Trotters	00:57:44	64	21
65	125	Sarah LANE	F V35	Unattached	00:57:44	65	5
66	144	Linda MEMBURY	F V55	Yeovil Town Rrc	00:57:50	66	6
67	209	Jessica SLADE	F V40	Unattached	00:57:59	67	11
68	23	Linda BRACHER	F V55	Unattached	00:58:00	68	7
69	73	Chantelle GLANFIELD	F Senior	Unattached	00:58:02	69	22
70	164	Victoria PACKER	F V40	Unattached	00:58:04	70	12
71	96	Tessa HEARFIELD	F V65	Torbay Aac	00:58:21	71	4
72	100	Anna HOLMES	F V40	Unattached	00:58:26	72	13
73	94	Louise HAWKINS	F V35	Unattached	00:58:38	73	6
74	45	Hannah COX	F Senior	Unattached	00:58:51	74	23
75	268	Rebecca BARONS	F Senior	Unattached	00:58:57	75	24
76	229	Chloe THOMPSON	F Senior	Unattached	00:59:00	76	25
77	116	Nicki KERSWILL	F V55	Unattached	00:59:00	77	8
78	12	Dawn BEARNE	F V35	Unattached	00:59:07	78	7
79	231	Sophie THOMSON	F Senior	Teignbridge Trotters	00:59:11	79	26
80	83	Joanna GRIFFIN	F V55	Teignbridge Trotters	00:59:11	80	9
81	175	Gemma PYLE	F V35	Unattached	00:59:19	81	8

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Pos	Bib	Name	Cat	Club	Race Time	Gender Pos	Cat Pos
82	121	Kim KNIGHT	F V50	Teignbridge Trotters	00:59:20	82	7
83	207	Sally SHOOLBRAID	F V60	Bovey Valley Runners	00:59:35	83	4
84	203	Shaz SHARPLES	F V55	Teignbridge Trotters	00:59:38	84	10
85	101	Bev HOLMES	F V65	Unattached	00:59:40	85	5
86	261	Louise WIGHTMAN	F V40	Cranbrook Running Club	01:00:02	86	14
87	67	Lynda GARCIA	F V60	South West Road Runners	01:00:06	87	5
88	249	Izzy WARREN	F V45	Unattached	01:00:13	88	11
89	235	Amanda TRAVERS	F V55	Yeovil Town Rrc	01:00:17	89	11
90	14	Rowan BIRD	F V50	Unattached	01:00:18	90	8
91	251	Rhiannon WAUGH-BAKER	F Senior	Teignbridge Trotters	01:00:26	91	27
92	215	Phaedre STALLARD	F V35	Unattached	01:00:27	92	9
93	159	Victoria NORRISH	F V35	Unattached	01:00:29	93	10
94	82	Kate GRIBBLE	F Senior	Unattached	01:00:30	94	28
95	256	Kim WHITBY	F V40	Riviera Racers	01:00:32	95	15
96	106	Mary HUMPHRIES	F V70+	Tiverton Harriers	01:00:34	96	1
97	143	Clare McLAUGHLIN	F V40	Unattached	01:00:38	97	16
98	21	Tony McCANN	F V50	Exmouth Harriers Aac	01:00:43	98	9
99	19	Sarah BLANCHARD	F V55	Teignbridge Trotters	01:00:44	99	12
100	192	Clare CORNISH	F V45	Unattached	01:00:55	100	12
101	167	Lucy PAYNE	F V70+	Teignbridge Trotters	01:01:06	101	2
102	179	Rachel RAMSDEN	F V40	Unattached	01:01:12	102	17
103	274	Mary NEAL	F V60	Unattached	01:01:22	103	6
104	171	Caroline PICK	F V60	Unattached	01:01:32	104	7
105	133	Joanna LONGHURST	F V35	Unattached	01:02:03	105	11
106	276	Kirsty KUNZ	F V35	Storm Plymouth	01:02:04	106	12
107	61	Sarah FOREY	F V50	Bovey Valley Runners	01:02:08	107	10
108	99	Linda HOE	F V70+	Exmouth Harriers Aac	01:02:18	108	3
109	69	Becky GEORGE	F V55	Teignbridge Trotters	01:02:24	109	13
110	56	Emma EMPSON	F Senior	Unattached	01:02:28	110	29
111	81	Katie GREENAWAY	F V35	Unattached	01:02:30	111	13
112	155	Lesley NESBITT	F V70+	Yeovil Town Rrc	01:02:30	112	4
113	161	Kayleigh O'BRIEN	F V35	Unattached	01:02:32	113	14
114	85	Kirsty HALL	F V40	Unattached	01:02:48	114	18
115	204	Melanie SHEEHAN	F V35	Teignbridge Trotters	01:03:04	115	15
116	46	Melanie COX	F V60	Yeovil Town Rrc	01:03:07	116	8
117	153	June MOULE	F V60	Yeovil Town Rrc	01:03:10	117	9
118	169	Kirsty PEARCE	F V50	Bovey Valley Runners	01:03:12	118	11
119	110	Rebecca JOHNSON	F V35	Plymouth Musketeers Running Club	01:03:15	119	16
120	244	Harriett WAKLEY	F V35	Unattached	01:03:25	120	17
121	275	Anna DUNN	F V40	Women On The Run	01:03:27	121	19
122	140	Laura MASON	F V35	Unattached	01:03:29	122	18
123	35	Lucy CATHERALL	F Senior	Unattached	01:03:48	123	30
124	34	Helen CATHERALL	F V55	Unattached	01:03:49	124	14
125	176	Nicola QUICK	F V55	Cranbrook Running Club	01:03:56	125	15

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Pos	Bib	Name	Cat	Club	Race Time	Gender Pos	Cat Pos
126	213	Gemma SMITH	F V40	Unattached	01:04:02	126	20
127	181	Anna RAWLES	F V55	Heavitree & Wonford Running Club	01:04:06	127	16
128	74	Cindy GLENDENNING	F V50	Unattached	01:04:13	128	12
129	7	Lucy AYLING	F Junior	Teignbridge Trotters	01:04:15	129	3
130	135	Claire LYONS	F V45	Teignbridge Trotters	01:04:15	130	13
131	58	Lucy EVANS	F V45	Teignbridge Trotters	01:04:18	131	14
132	166	Linda PARSONS	F V55	Torbay Tri Club	01:04:19	132	17
133	242	Dawn VINECOMBE-ELLIOTT	F V40	Unattached	01:04:20	133	21
134	157	Rachel NICHOLLS	F V40	Unattached	01:04:35	134	22
135	205	Becky SHERING	F Senior	Unattached	01:04:41	135	31
136	145	Elise MILDEN-WILLMER	F Senior	Plymouth Musketeers Running Club	01:04:48	136	32
137	238	Dona TURNER	F V45	Plymouth Musketeers Running Club	01:04:49	137	15
138	5	Clare ATKINSON	F V40	Plymouth Musketeers Running Club	01:04:55	138	23
139	89	Rachel HARRISON	F Senior	Unattached	01:04:57	139	33
140	55	Dawn DYER	F V65	Plymouth Musketeers Running Club	01:05:02	140	6
141	243	Deborah VINNICOMBE	F V65	Unattached	01:05:08	141	7
142	38	Sue COLBOURNE	F V65	Unattached	01:05:08	142	8
143	246	Louise WARD	F V55	Yeovil Town Rrc	01:05:10	143	18
144	113	Suzanne JONES	F V60	Unattached	01:05:18	144	10
145	136	Sallie MALT	F V65	Unattached	01:05:23	145	9
146	105	Lucy HUMPHRIES	F V45	Unattached	01:05:23	146	16
147	119	Liana KING	F V40	South West Road Runners	01:05:53	147	24
148	66	Samantha GALVIN	F V55	Teignbridge Trotters	01:05:55	148	19
149	27	Sam BRYAN	F V55	Unattached	01:06:02	149	20
150	225	Sara TAYLOR	F V45	Unattached	01:06:02	150	17
151	49	Rebecca DECARTERET	F V45	Unattached	01:06:11	151	18
152	130	Susan HORNE	F V35	Unattached	01:06:14	152	19
153	152	Rachael MOTHERWELL	F V50	Bovey Valley Runners	01:06:31	153	13
154	198	Shaaron SANDERSON	F V60	Unattached	01:06:33	154	11
155	226	Sue TAYLOR	F V65	Unattached	01:06:43	155	10
156	222	Nicky SWANN	F V50	Teignbridge Trotters	01:06:43	156	14
157	86	Alison HANNAFORD-HILL	F V45	Unattached	01:06:44	157	19
158	88	Claire HARRISON	F V50	Bovey Valley Runners	01:06:58	158	15
159	108	Alison JEFFERY	F V55	Storm Plymouth	01:07:11	159	21
160	230	Georgina THOMPSON	F V50	Storm Plymouth	01:07:12	160	16
161	202	Andrea SEAR	F V55	Unattached	01:07:15	161	22
162	31	Sue CAMPLING	F V55	Bovey Valley Runners	01:07:58	162	23
163	8	Hannah BAILEY	F V35	Unattached	01:08:12	163	20
164	1	Helen ADAMSON	F V50	Unattached	01:08:31	164	17
165	234	Christine TOUT	F V40	Erme Valley Harriers	01:08:39	165	25
166	134	Sue LOWTON	F V55	Unattached	01:08:49	166	24
167	16	Jill BISHOP	F V65	Bovey Valley Runners	01:08:59	167	11
168	273	Charlie WHITEFOOT	F Senior	Bovey Valley Runners	01:09:00	168	34
169	206	Kay SHILLABEER	F V50	Teignbridge Trotters	01:09:04	169	18

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Pos	Bib	Name	Cat	Club	Race Time	Gender	Cat Pos
170	112	Rachael JONES	F Senior	Yeovil Town Rrc	01:09:09		170 35
171	103	Karen HOPKINS	F V45	Storm Plymouth	01:09:12		171 20
172	79	Jenny GRAY	F V40	Unattached	01:09:15		172 26
173	11	Shannon BAYS	F V40	Plymouth Coasters	01:09:19		173 27
174	265	Janette WILTON	F V40	Unattached	01:09:26		174 28
175	245	Lauren WALL	F Senior	Unattached	01:09:27		175 36
176	43	Helen CORY	F V50	Unattached	01:09:50		176 19
177	87	Anita HARRISON	F V70+	Teign Valley Running Club	01:10:01		177 5
178	9	Emma BARLEY	F Senior	Unattached	01:10:02		178 37
179	59	Brenda FINNEY	F V60	Torbay Tri Club	01:10:17		179 12
180	190	Jasmine ROBINSON	F Senior	Plymouth Musketeers Running Club	01:10:22		180 38
181	57	Irene ENVY	F V60	Plymouth Musketeers Running Club	01:10:26		181 13
182	168	Jessica PEARCE	F V35	Unattached	01:10:41		182 21
183	184	Hayley REYNOLDS	F V35	Unattached	01:10:43		183 22
184	129	Sandra LEVETT	F V60	Yeovil Town Rrc	01:10:45		184 14
185	173	Carol POLLARD	F V70+	East Cornwall Harriers	01:10:53		185 6
186	132	Katja LOLKE	F V50	Teignbridge Trotters	01:11:23		186 20
187	223	Nia TAMAYO	F Senior	Unattached	01:11:42		187 39
189	271	Elsa BROWN	F Junior	Unattached	01:11:47		189 4
188	212	Angie SMITH	F V60	Storm Plymouth	01:11:47		188 15
190	269	Aimee WOOLLACOTT	F Junior	Unattached	01:11:47		190 5
191	18	Julie SPENCER	F V60	Storm Plymouth	01:11:53		191 16
192	262	Lisa WILLIAMS	F V45	Instinctive Sports	01:11:57		192 21
193	109	Susanne JERVIS	F V55	Teignbridge Trotters	01:12:03		193 25
194	64	Maria FROOD	F V40	Cranbrook Running Club	01:12:04		194 29
195	252	Julie WEBB	F V60	Teignbridge Trotters	01:12:07		195 17
196	188	Sally RIDEOUT	F V45	Unattached	01:12:14		196 22
197	254	Joanne WELCH	F V60	Storm Plymouth	01:12:27		197 18
198	219	Kate STONE	F V50	Unattached	01:12:47		198 21
199	123	Alison KNIGHT-DAVIES	F V35	Heavitree & Wonford Running Club	01:13:02		199 23
200	139	Lalita MARSH	F Senior	Unattached	01:13:10		200 40
201	50	Sarah DELORME	F V45	Plymouth Coasters	01:13:30		201 23
202	111	Marie JONES	F V70+	Unattached	01:13:44		202 7
203	80	Stacey GREEN	F V40	Yeovil Town Rrc	01:14:12		203 30
204	131	Leticia LILL	F Senior	Unattached	01:14:25		204 41
205	54	Katie DURRELL	F V50	Unattached	01:15:01		205 22
206	158	Nicola NOLAN	F V40	Unattached	01:15:02		206 31
207	187	Mel RICHARDS	F V45	Unattached	01:15:50		207 24
208	224	Tia TARR	F V35	Teignbridge Trotters	01:15:56		208 24
209	95	Lauren HAYTER	F Senior	Unattached	01:16:17		209 42
210	237	Gill TUCKER	F V70+	Storm Plymouth	01:16:38		210 8
211	71	Lorraine GILES	F V65	Storm Plymouth	01:17:08		211 12
212	149	Margarita MOORE	F Senior	Yeovil Town Rrc	01:17:45		212 43
213	102	Teresa HOLMES	F V65	Teignbridge Trotters	01:18:03		213 13

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Pos	Bib	Name	Cat	Club	Race Time	Gender Pos	Cat Pos
214	78	Emma GRAINGER	F V70+	Sidmouth Running Club	01:19:52	214	9
215	93	Sinead HAUGH	F V35	Unattached	01:19:53	215	25
216	42	Charlie COOPER	F V45	Unattached	01:20:02	216	25
217	28	Cath BURT	F V50	Unattached	01:20:07	217	23
218	137	Sally MANSFIELD	F V40	Bovey Valley Runners	01:20:14	218	32
219	264	Michelle WILSON	F Senior	Teignbridge Trotters	01:20:48	219	44
220	30	Denise BYRD	F V65	Yeovil Town Rrc	01:21:26	220	14
221	84	Alison GRIFFITHS	F V55	Yeovil Town Rrc	01:22:18	221	26
222	36	Claire CHURCH	F V55	Yeovil Town Rrc	01:22:18	222	27
223	51	Melita DODGE	F V70+	Yeovil Town Rrc	01:22:21	223	10
224	255	Sara WEYMOUTH	F V65	Unattached	01:22:28	224	15
225	195	Fiona RUTLEY	F V55	Unattached	01:24:02	225	28
226	47	Sarah COX	F V55	Unattached	01:25:07	226	29
227	186	Leigh RHODES	F V50	Unattached	01:25:48	227	24
228	162	Jill O'SULLIVAN	F V60	Unattached	01:25:48	228	19
230	247	Megan WARDLE	F Junior	Unattached	01:26:03	230	6
229	239	Ruth TURNER	F V40	Unattached	01:26:03	229	33
231	104	Michelle HUGHES	F V55	Storm Plymouth	01:26:14	231	30
232	120	Fiona KIRK	F V40	Unattached	01:26:46	232	34
233	114	Rowan KEMBLE	F V55	Bovey Valley Runners	01:28:10	233	31
234	241	Ros VINCENT	F V60	Women On The Run	01:28:33	234	20
235	48	Dawn CROFT	F V45	Unattached	01:28:34	235	26
236	63	Tracey FRANKUM	F V55	Unattached	01:33:27	236	32